Present tenses

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| --- | --- |
| *The Present Simple*  every day/week/month/year,  always, often, usually, sometimes, rarely, seldom, never  He, she, it + S,ES | *The Present Continuous*  now, just now, at the moment, today  am, is, are + V-ing |
| I go I don’t go/Do you go?  You go  *He goes He doesn’t go/* *Does she go?*  *She goes*  *It goes*  We go  You go  They go | I am going  You are going  He is going  She is going  It is going  We are going  You are going  They are going |